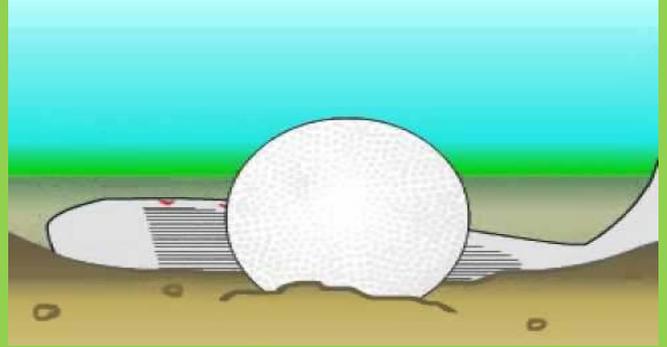




FEBRUARY Newsletter 2015

OUT THE BUNKER...



NEWS

The Executive Committee has taken note of the tough economic times that members are experiencing and have resolved not to increase the Annual Playing Fee for 2015.

Congratulations to Elvis Khawula who finished in 3rd place in the Southern Kwazulu Natal Closed played at Southbroom in January.

Congratulations who Lynn Meek who achieved a hole in one on the 16th hole on Tuesday 27th January. Well done to Rod O Farrell who had a hole in one on Saturday 31st January.

Congratulations to Graham Massam who won the Captain's Putter competition for 2014.

Thank you to the certain lady golf committee members who have undertaken to look after certain areas of the gardens on the golf course.

A huge thank you to Jane Davies who refurbished the garden at the entrance to the club and thank you is also extended to Brian Jolliffe for the donation of all the plants for the entrance garden and other areas.

We welcome Kathy Botha back to the club as our receptionist and hope that she will enjoy her stay with us. I have already received many comments that it is nice to see her smiling face.

Andrew Curlewis was very unfortunate to miss the cut by two shots to qualify for the Asian Tour, but the experience he gained was well worth the trip.

Please note that as from the 2nd February the PGA registered Pro, Colin Iddon will again



Announcements

BINGO EVENING: TUESDAY 17TH FEBRUARY: We invite you to a night of fun at our Bingo evening which starts from 6pm. A meal is served or you can order from the menu. It is a fun filled evening and if you have a winning card you can win some money.

SUNDAY LUNCH: 1ST MARCH : CLASSICAL EXTRAVAGANZA EVENT

Enjoy the singing of Winston who will entertain you with a variety of classical music. A show not to be missed. R70.00 which will also includes a light meal. Bookings essential.

♥♥♥ **VALENTINES DAY DINNER DANCE : SATURDAY 14TH FEBRUARY** ♥♥♥♥

Treat your wife, girlfriend, partner, mistress, (just not together please) to our Valentine's Day Dinner Dance. Dance to the music of Brian and enjoy a three course dinner.

The theme will be red and white with a free cocktail on arrival.

STARTER: Seafood Cocktail; **MAINS:** Chicken Breast stuffed with Feta and Spinach Served with Baby Potatoes and Roasted Vegetables; **DESSERT:** Valentine Pavlova served with Ice Cream & Berry Sauce; Finished off with Coffee. **R 125 PER PERSON - BOOKING ESSENTIAL**
We require a minimum of 40 people to book otherwise we may have to cancel the event

THE HALFWAY TOYOTA MARGATE GOLF CHALLENGE:

Thur 9th, Fri 10th & Sat 11th April 2014

SHOTGUN START ON ALL THREE DAYS 11:30AM

- ◆ Daily Better-ball Competitions
- ◆ The "Challenge Trophy" for the best total scores over the three days
- ◆ Enter in pairs and play all three days—Great Prizes for each day
- ◆ Partners will be found for individual entrants

ENTRY FEE: R900.00 per person for all 3 days (APF does not apply)

INCLUDES GREEN FEE, HALFWAY HOUSE, NEAREST THE PINS, LUCKY DRAW AND PRIZES!

TO BOOK TEL 039-312 0571 or email: manager@margatecountryclub.co.za

The Bowls and Bridge Section will also be participating and we look forward to their support of all the members.

This event is the annual fund raising of the Club and all profits made are for the benefit of the members, so please support us by participating, donating prizes, sponsoring a hole and promote your company.

Hole sponsorship for R2 000.00 which includes the Tee and Green.

The booking sheet is now open for your teams to book.

HAPPENINGS:



- Friday 6th** : Business Day
- Monday 9th** : Sages 3 ball Alliance and AGM
- Saturday 14th:** Valentines Day Dinner Dance
- Saturday 14th:** BB Stabelford. Wear Red and White
- Tuesday 17th:** Bingo Evening
- Sunday 22nd :** Noel Edwards Mixed BB
- Monday 23rd :** LSC Senior Ladies Alliance
- Friday 27th :** Quiz night and 100 Club Draw

GOLF MATTERS



Did you know golfers live five years longer?

It's certainly not something I have heard anyone else in the golf industry talking much about but it's a fact. A fact everyone in the industry should be shouting from the highest peaks for there is way too much negative press about golf and not nearly enough about the game's amazing mental and physical benefit. People who play golf live longer healthier lives. Five years longer on average, according to a recent study the Karolinska Institute in Sweden. Not that surprising really...A study done by Reebok showed that golfers who walk and carry burn approximately 55 percent more calories than those who ride in a cart. The number of calories varies by distance walked and also the metabolic rate of the golfer. But fitness experts estimate you'll burn roughly 1,500 calories during a four-hour round. A round of golf is 10,000 steps or about a 5-mile walk. That's 825 calories more than if you ride in a cart, which clocks in at 675 calories. So no matter how good or bad your play, if you walk or ride you can at least get some exercise and calorie burn out of your round! The natural environment helps relieve stress while the social aspects allow you to make new friends easily.

Says Professor Anders Ahlbom "People play golf into old age, and there are also positive social and psychological aspects to the game that can be of help."

The friendships created provide motivation to meet and go play! They increase self-esteem and happiness. Golf can help to lift depression and improve someone's outlook on life (Unless you start shanking it which quickly drives you insane). All of these attributes help improve mental health by leaving golfers with a feeling of greater satisfaction.

JOKE of the MONTH

The light turned yellow, just in front of him. He did the right thing, stopping at the crosswalk, even though he could have beaten the red light by accelerating through the intersection. The tailgating woman was furious and honked her horn, screaming in frustration, as she missed her chance to get through the intersection, dropping her cell phone and makeup.

While she was still in mid-rant, she heard a tap on her window and looked up into the face of a very serious police officer. The officer ordered her to exit her car with her hands up.

He took her to the police station where she was searched, fingerprinted, photographed, and placed in a holding cell.

After a couple of hours, a policeman approached the cell and opened the door. She was escorted back to the booking desk where the arresting officer was waiting with her personal effects. He said, "I'm very sorry for this mistake. You see, I pulled up behind your car while you were blowing your horn, flipping off the guy in front of you and cussing a blue streak at him. I noticed the 'What Would Jesus Do' bumper sticker, the 'Choose Life' license plate holder, the 'Follow Me to Sunday-School' bumper sticker, and the chrome-plated Christian fish emblem on the trunk, so naturally....I assumed you had stolen the car."



"Keep playing like that and you'll strike oil"

Dereck Hinson
CLUB MANAGER